

## CLINICAL POLICY

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### Description

Hospice is a coordinated, integrated program developed by a multidisciplinary team of professionals to provide end-of-life care, which is primarily focused on relieving pain *and* symptoms specifically related to the terminally ill diagnosis of members with a life expectancy of six months or less. Most hospice services are provided at home,<sup>1</sup> by a licensed certified hospice provider, under the direction of an attending physician, who may be the member's primary care physician or the hospice medical director (hospice care provided in an institutional setting is excluded for HCC). Hospice services are provided under a plan of care designed by the multidisciplinary team to meet the needs of members who are terminally ill, as well as their families.

Hospice services include skilled nursing, homemaker and home health aide services, physician services, physical, occupational and speech therapy, medical social services, volunteer services, nutritional, spiritual, psychosocial/supportive and bereavement counseling related to the management of the terminal illness. Hospice includes drugs and biologics related to the management of the terminal illness, to relieve pain, provide hydration and to deliver enterals as a primary source of nutrition. Durable medical equipment and medical supplies are also included in hospice, when related to the management of a terminal illness.

### Policy

It is the policy of health plans associated with Centene Corporation® that hospice is considered **medically necessary** when the *requirements in Criteria sections I, II, and III are met:*

- I. The Required Documentation has been submitted, and
- II. The member meets one of the severity of illness criterion
  - A. Cancer, or
  - B. ALS, or
  - C. Heart Disease, or
  - D. Pulmonary Disease, or
  - E. Dementia, or
  - F. HIV, or
  - G. Liver Failure, or

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<sup>1</sup> National Hospice and Palliative Care Organization, Facts and Figures: Hospice Care in America, 2011 Edition

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- H. Acute or Chronic Renal Failure, or
  - I. Stroke, or
  - J. Coma, or
  - K. Non-Disease Specific Decline in Clinical Status; and
- III. The requested intensity of service is appropriate
- A. Routine Hospice Home Care, or
  - B. Continuous Hospice Home Care, or
  - C. Inpatient Respite Hospice Care, or
  - D. General Inpatient, Short Term (non-respite) Hospice Care.

Note: Hospice room and board (long term care/nursing home) coverage is based on the Benefit Plan Contract.

It is the policy of health plans affiliated with Centene Corporation that hospice is considered **not medically necessary** when requested for the circumstances listed in **Criteria section IV**.

### Criteria

#### I. Required Documentation

- A. Documentation of hospice medical director certification of hospice appropriateness for the initial 90 day certification period.
  - 1. The written certification must identify the terminal illness diagnosis that prompted the member to seek hospice care, includes a statement that the member's life expectancy is six months or less if the terminal diagnosis runs its normal course; details specific clinical findings supporting a life expectancy of 6 months or less; and
  - 2. The documentation also includes a hospice election statement signed by the member stating they understand the nature of hospice care.; and
- B. Documentation that the member is no longer seeking curative treatment for their terminal diagnosis. Per the Affordable Care Act, the only exception for this may be for children under 21 who are covered by Medicaid or the Children's Health Insurance Program (CHIPs), where concurrent hospice and curative therapy is an option.

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### II. Severity of Illness

The presence of significant comorbidities should be considered when using these criteria to determine hospice appropriateness.

**A. Cancer** – meets 1, 2, and one of 3, 4, or 5

1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
2. Dependence for at least 2 ADL's (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
3. Metastatic cancer at presentation, deferring therapy, or
4. Progression to metastatic disease with decline despite therapy or deferring therapy, or
5. Brain, pancreatic or small cell lung cancer.

**B. ALS** – meets 1, 2, and one of 3, 4, or 5

1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
2. Dependence for at least 2 ADL's (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
3. Signs or symptoms of impaired respiratory function, not electing tracheostomy or invasive ventilation, and FVC <40% (if results available), or
4. Rapid progression with critical nutritional impairment indicated by at least 5% loss of body weight (with or without tube feeding), or
5. Rapid progression with other life-threatening complications (sepsis, recurrent aspiration, pyelonephritis, stage 3-4 decubiti).

**C. Heart Disease** – meets 1, 2, and either 3 or 4

1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
2. Dependence for at least 2 ADL's (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
3. Congestive Heart Failure (CHF), both of the following:
  - a. Symptomatic at rest (NYHA Class IV), with ejection fraction (EF) <20% (if results available), and

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- b. Presently optimally treated with diuretics and vasodilators or has failed therapy with IV inotropes; or
- 4. Coronary Artery Disease (CAD), all of the following:
  - a. Elderly member with intractable angina who is not a candidate for coronary revascularization, and
  - b. No longer responding well to nitrates, beta- and calcium-channel blockers and other appropriate medications, and
  - c. Not a candidate for cardiac transplant.
  
- D. *Pulmonary Disease* – has fixed obstructive disease OR restrictive disease and meets ALL of the following
  - 1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
  - 2. Dependence for at least 2 ADL's (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
  - 3. Severity, all
    - a. Disabling symptoms at rest or with minimal exertion, and
    - b. Diminished functional capacity, i.e., bed-to-chair existence, and
    - c. FEV1 <30% predicted; and
  - 4. Progressiveness, both
    - a. Two ED visits in prior six months or one hospitalization in last year for pulmonary infection for respiratory failure with intubation or BiPAP, and
    - b. Member states they do not want to be intubated; and
  - 5. PaO<sub>2</sub> ≤ 55 mmHg or SaO<sub>2</sub> ≤ 88% at rest on room air; or PaCO<sub>2</sub> ≥ 50 mmHg.
  
- E. *Dementia* – meets ALL of the following:
  - 1. Increasing severity indicated by FAST (Appendix C) stage 7 or beyond; and
  - 2. Inability to ambulate; and
  - 3. Increasing medical complications indicated by one of the following in the past 12 months:

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- a. Aspiration pneumonia, or
- b. Pyelonephritis, or
- c. Multiple stage 3-4 decubiti, or
- d. Fever recurrent after a course of antibiotics, or
- e. Weight loss > 10% over six months or albumin <2.5 gms/dl.

**F. HIV** – meets ALL of the following:

1. CD4+ (T-cell) count < 25 or viral load > 100,000 copies/ml; and
2. PPS or KPS score < 50%; and
3. At least one of the following AIDS-related conditions:
  - a. Central nervous system or poorly responsive systemic lymphoma, or
  - b. Wasting: loss of more than thirty-three percent of lean body mass, or
  - c. Mycobacterium avium complex (MAC) bacteremia, or
  - d. Progressive multifocal leukoencephalopathy (PML), or
  - e. Refractory visceral Kaposi’s sarcoma (KS), or
  - f. Renal failure in the absence of dialysis, or
  - g. Refractory cryptosporidium infection, or
  - h. Refractory toxoplasmosis.

**G. Liver Failure** – meets ALL of the following

1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
2. Dependence for at least 2 ADL’s (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
3. Member has end-stage liver disease and is not on the transplant list; and
4. PT > 5 seconds or INR > 1.5; and
5. Albumin < 2.5 gm/l; and
6. And at least one of the following:
  - a. Recurrent bleeding esophageal varices despite therapy, or
  - b. Refractory ascites, or

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- c. Episode of spontaneous bacterial peritonitis, or
- d. Hepatorenal syndrome, or
- e. Hepatic encephalopathy.

**H. Acute or Chronic Renal Failure** – meets ALL of the following:

1. PPS (Appendix A) or KPS (Appendix B) score decreased to < 70%; and
2. Dependence for at least 2 ADL's (i.e. ambulation, continence, transfers, dressing, feeding, bathing); and
3. Member is in renal failure, not receiving dialysis and one of the following:
  - a. Serum Creatinine > 8 mg/dl (> 6 diabetes), or
  - b. GFR < 10 (or < 15 with diabetes), or
  - c. GFR <15 with CHF (or < 20 with diabetes and CHF).

**I. Stroke** – meets ALL of the following:

1. PPS or KPS < 40%; and
2. Inadequate oral intake with one of the following:
  - a. Weight loss of > 10% body weight in up to 6 months, or > 7.5% in up to three months, or
  - b. Serum albumin < 2.5, or
  - c. Recurrent aspiration, or
  - d. Dysphagia and declining tube feeding and hydration.

**J. Coma** – member is comatose with at least three of the following on day 3 of coma:

1. Abnormal brain stem response,
2. Absent verbal response,
3. Absent withdrawal to painful stimuli,
4. Creatinine > 1.5.

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**K. *Non-Disease Specific Decline in Clinical Status*** (the presence of significant comorbidities should be considered when using these criteria), ALL of the following

1. Irreversible decline, based on both baseline and follow-up determinations; and
2. Clinical deterioration based on:
  - a. Progressive dependence for ADL's, or
  - b. Decreasing KPS or PPS from <70%, or
  - c. Increasing frequency of ER visits or hospitalizations, or
  - d. Worsening of :
    - i. clinical status - such as recurrent infections, inanition with progressive weight loss, dysphagia, or decreasing albumin, or
    - ii. signs - such as hypotension, ascites, edema, pleural or pericardial disease, or decreased consciousness, or
    - iii. symptoms - such as intractable dyspnea, cough, nausea, diarrhea, or pain, or
    - iv. laboratory results - arterial blood gases, tumor markers, electrolytes, creatinine, or liver function tests; or
  - e. Progressive or stage 3-4 decubiti.

### **III. Intensity Of Service**

Authorization is required prior to the initiation of hospice services, *for each benefit period*, and for *each change* in the level of intensity of service.

Changes in level of care must be reviewed to determine medical necessity. The level of care and the dates of service requested must be specified. Only one level of care may be authorized for each day of hospice care provided to an eligible member. The appropriate HCPCS or revenue (rev) code must be billed according to applicable contract provisions.

**A. *Routine Hospice Home Care*** (HCPCS T2042 or rev code 0651)

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1. Routine hospice home care is medical necessity when < eight hours of nursing care, which may be intermittent, is required in a 24-hour period.

**B.** *Continuous Hospice Home Care* (HCPCS T2043 or rev code 0652)

1. Continuous hospice home care is medically necessary to maintain the member at home, when the member requires ≥ eight hours of nursing care in a 24 hour period (begins and ends at midnight).

**C.** *Inpatient Respite Hospice Care* (HCPCS T2044 or rev code 0655)

1. Inpatient respite hospice care is medical necessary to relieve family members or other primary caregivers of care duties for no more than 5 consecutive days per episode.
  - a. Respite care is short term, inpatient care, and not residential or custodial care.

**D.** *General Inpatient, Short Term (non-respite) Hospice Care* (HCPCS T2045 or rev code 0656)

1. General inpatient, short term (non-respite) care services are medically necessary when the intensity or scope of care needed during an acute crisis is not feasible in the home setting and requires frequent adjustment by the member's care team; and
2. The individual treatment plan is specifically directed at acute symptom management and/or pain control.

**IV.** Hospice services are considered **NOT medically necessary** under the following circumstances:

**A.** Members with any of the following as the primary diagnosis:

1. Debility or unspecified debility, or
2. Failure to thrive; or

**B.** The member is no longer considered terminally ill as evidenced by a review of the medical documentation; or



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- C.** Services, supplies or procedures that are directed towards curing the terminal condition, with the possible exception of children covered under Medicaid or CHIPS, or
- D.** Member chooses to revoke the hospice election by submitting a signed, written statement with the effective date of the revocation; or
- E.** Member is discharged from hospice services; i.e. member is no longer considered terminally ill, member refuses services or is uncooperative, moves out of the area, or transfers to a non-covered hospice program. In the event a member is discharged from hospice, benefit coverage would be available as long as the member remained eligible for coverage of medical services.

### **Definitions**

**Levels of Care** - four distinct levels of care are available

**A.** *Routine Hospice Home Care*

Routine hospice home care is care provided in the member's home and is related to the terminal diagnosis and plan of care written for the member. Routine hospice home care may include up to 8 hours of skilled nursing care in a 24-hour period. This care may be provided in a private residence, hospice residential care facility, nursing facility, or an adult care home.

**B.** *Continuous Hospice Home Care*

Continuous hospice home care consists primarily of skilled nursing care at home during brief periods of crisis in order to achieve palliation or management of acute medical symptoms and only as necessary to maintain the member at home. Continuous care must provide a minimum of 8 hours of nursing care in a 24 hour period, which begins and ends at midnight; the nursing care need not be continuous.

Continuous care may be supplemented by home health aide or homemaker services, but at least 50% of the total care must be provided by a nurse, and the care required must be predominantly nursing, rather than personal care or assistance with activities of daily living.

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Continuous hospice home care is not intended to be respite care or an alternative to paid caregivers or placement in another setting.

Continuous hospice home care may include any of the services outlined in the covered services definition below.

### **C. *Inpatient Respite Hospice Care***

Short-term inpatient respite hospice care is provided in an approved inpatient hospice facility, hospital or nursing home for no more than 5 consecutive days per episode. It is allowed to relieve family members or other primary caregivers of the primary caregiving duties. A primary caregiver is an individual, designated by the member, who is responsible for the 24 hour care and support of the member in his or her home. A primary caregiver is not required to elect hospice if it has been determined by the hospice team that the member is safe at home alone at the time of the election.

### **D. *General Inpatient, Short Term (non-respite) Hospice Care***

General inpatient care, under the hospice benefit, is short-term, non-respite hospice care and is appropriate when provided in an approved hospice facility, hospital or nursing home. It is specifically used for pain control and symptom relief which is related to the terminal diagnosis and cannot be managed in the home hospice setting. The goal is to stabilize the member and return him/her to the home environment. General inpatient, short term hospice care may include any of the services outlined in the covered services definition below.

### **Certification Periods**

Certification (benefit) periods include an initial 90-day benefit period, followed by a second-90 day benefit period, followed by an unlimited number of 60-day benefit periods. Hospice care is continuous from one period to another, unless the member revokes, or the hospice provider discharges or does not recertify.

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### **Discontinuation of Hospice**

If a member revokes or is discharged from hospice care, the remaining days in the benefit period are lost. If/when the member meets the hospice coverage requirements, they can re-elect the hospice benefit, and will begin with the next benefit period.

### **Covered Services**

When the above coverage criteria are met, the following hospice care services may be covered as part of the hospice treatment plan:

- A.** Physician services
- B.** Appropriate skilled nursing services
- C.** Home health aide services
- D.** Physical and/or occupational therapy
- E.** Speech therapy services for dysphagia/feeding therapy
- F.** Medical social services
- G.** Counseling services (e.g., dietary and bereavement)
- H.** Short-term inpatient care
- I.** Prescription drugs (all drugs and biologicals that are necessary for the palliation and management of the terminal illness and related conditions)
- J.** Consumable medical supplies (e.g., bandages, catheters) used by the hospice team

### **Non-covered Services**

The following services are considered not covered as part of the hospice treatment plan:

- A.** Services during an acute inpatient stay *for a diagnosis that is unrelated to the terminal illness* for which the member is receiving hospice care
- B.** Services for individuals no longer considered terminally ill
- C.** Services, supplies or procedures, or medication that are directed towards curing the terminal condition
- D.** Services to primarily aid in the performance of activities of daily living
- E.** Nutritional supplements, vitamins, minerals and non-prescription drugs

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**F.** Medical supplies unrelated to the palliative care to be provided

**G.** Services for which any other benefits apply

### Provider Responsibilities

The hospice provider is responsible for:

- A.** Verifying member eligibility
- B.** Obtaining authorization to provide hospice services before hospice care is initiated
- C.** Notifying the health plan of any significant change in the member's status or condition including revisions to treatment plans and goals
- D.** Requesting each change in the level of hospice service including discharge from hospice.

### Appendices

#### Appendix A: Palliative Performance Scale (PPS)

PPS Level	Ambulation	Activity & Evidence of Disease	Self-care	Intake	Conscious Level
<b>100%</b>	Full	Normal activity & work No evidence of disease	Full	Normal	Full
<b>90%</b>	Full	Normal activity & work Some evidence of disease	Full	Normal	Full
<b>80%</b>	Full	Normal activity with effort Some evidence of disease	Full	Normal or reduced	Full
<b>70%</b>	Reduced	Unable normal job/work Significant disease	Full	Normal or reduced	Full
<b>60%</b>	Reduced	Unable hobby/house work Significant disease	Occasional assistance needed	Normal or reduced	Full or confusion
<b>50%</b>	Mainly sit/lie	Unable to do any work Extensive disease	Considerable	Normal or reduced	Full or confusion

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			assistance required		
<b>40%</b>	Mainly in bed	Unable to do most activity Extensive disease	Mainly assistance	Normal or reduced	Full or drowsy +/- confusion
<b>30%</b>	Totally bed bound	Unable to do any activity Extensive disease	Total care	Normal or reduced	Full or drowsy +/- confusion
<b>20%</b>	Totally bed bound	Unable to do any activity Extensive disease	Total care	Minimal to sips	Full or drowsy +/- confusion
<b>10%</b>	Totally bed bound	Unable to do any activity Extensive disease	Total care	Mouth care only	Full or drowsy +/- confusion
<b>0%</b>	Death				

### Appendix B: Karnofsky Performance Status Scale (KPS) Definitions Rating (%) Criteria

Activity Level	Score	Detailed Activity Level
<b>Able to carry on normal activity and to work; no special care needed.</b>	100	Normal no complaints; no evidence of disease.
	90	Able to carry on normal activity; minor signs or symptoms of disease.
	80	Normal activity with effort; some signs or symptoms of disease.
<b>Unable to work; able to live at home and care for most personal needs; varying amount of assistance needed.</b>	70	Cares for self; unable to carry on normal activity or to do active work.
	60	Requires occasional assistance, but is able to care for most of his personal needs.
	50	Requires considerable assistance and frequent medical care.
<b>Unable to care for self; requires equivalent of institutional or</b>	40	Disabled; requires special care and assistance.
	30	Severely disabled; hospital admission is indicated although death not imminent.

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Activity Level	Score	Detailed Activity Level
<b>hospital care; disease may be progressing rapidly.</b>	20	Very sick; hospital admission necessary; active supportive treatment necessary.
	10	Moribund; fatal processes progressing rapidly.

### Appendix C: Functional Assessment Staging Test (FAST) for Alzheimer's disease

Stage	Stage Name	Characteristic
1	Normal aging	No deficits
2	Possible mild cognitive impairment	Subjective functional deficit
3	Mild cognitive impairment	Objective functional deficit interferes with a person's most complex tasks
4	Mild dementia	IADLs become affected, such as bill paying, cooking, cleaning, traveling
5	Moderate dementia	Needs help selecting proper attire
6a	Moderately severe dementia	Needs help putting on clothes
6b	Moderately severe dementia	Needs help bathing
6c	Moderately severe dementia	Needs help toileting
6d	Moderately severe dementia	Urinary incontinence
6e	Moderately severe dementia	Fecal incontinence
7a	Severe dementia	Speaks 5-6 words during day
7b	Severe dementia	Speaks only 1 word clearly
7c	Severe dementia	Can no longer walk
7d	Severe dementia	Can no longer sit up
7e	Severe dementia	Can no longer smile
7f	Severe dementia	Can no longer hold up head

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### **Coding Implications**

The following codes are for informational purposes only. They are current at time of review of this policy. Inclusion or exclusion of any codes does not guarantee coverage. Providers should reference the most up-to-date sources of professional coding guidance prior to the submission of claims for reimbursement of covered services.

HCPCS Codes	Description
T2042	Hospice routine home care; per diem

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T2043	Hospice continuous home care; per hour
T2044	Hospice inpatient respite care, per diem
T2045	Hospice general inpatient care; per diem
T2046	Hospice long-term care, room and board only; per diem
Q5001	Hospice or home health care provided in patient's home/residence
Q5002	Hospice or home health care provided in assisted living facility
Q5003	Hospice care provided in nursing long-term care facility (LTC) or nonskilled nursing facility (NF)
Q5004	Hospice care provided in skilled nursing facility (SNF)
Q5005	Hospice care provided in inpatient hospital
Q5006	Hospice care provided in inpatient hospice facility
Q5007	Hospice care provided in long-term care facility
Q5008	Hospice care provided in inpatient psychiatric facility
Q5009	Hospice or home health care provided in place not otherwise specified (NOS)
Q5010	Hospice home care provided in a hospice facility
S9126	Hospice care, in the home, per diem
<b>Revenue Code</b>	
0650	Hospice services, general
0651	Hospice routine home care; per diem
0652	Hospice continuous home care, per hour
0655	Hospice inpatient respite care, per diem
0656	Hospice general inpatient, non-respite care, per diem
0658	Hospice room and board, nursing facility
0659	Other hospice

Reviews, Revisions, and Approvals	Date	CPC Date
Added hospice care provided in an institutional setting is excluded for HCC	8/16	
Annual review no changes RB	8/17	
Annual review – Change 360 to Archer	8/20	

### IMPORTANT REMINDER



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This Clinical Policy has been developed by appropriately experienced and licensed health care professionals based on a thorough review and consideration of currently available generally accepted standards of medical practice; peer-reviewed medical literature; government agency/program approval status; evidence-based guidelines and positions of leading national health professional organizations; views of physicians practicing in relevant clinical areas affected by the policy; and other indicia of medical necessity.

The purpose of this Clinical Policy is to provide a guide to medical necessity. Benefit determinations should be based on the applicable contract provisions governing plan benefits (“Benefit Plan Contract”) and applicable state and federal requirements, as well as applicable plan-level administrative policies and procedures. To the extent there are any conflicts between this Clinical Policy and the Benefit Plan Contract provisions, the Benefit Plan Contract provisions will control.

Clinical policies are intended to be reflective of current scientific research and clinical thinking. This policy is current at the time of approval. This Clinical Policy is not intended to dictate to providers how to practice medicine, nor does it constitute a contract or guarantee regarding payment or results. Providers are expected to exercise professional medical judgment in providing the most appropriate care, and are solely responsible for the medical advice and treatment of members.

**Note: For Medicare members,** to ensure consistency with the Medicare National Coverage Determinations (NCD) and Local Coverage Determinations (LCD), all applicable NCDs and LCDs should be reviewed prior to applying the criteria set forth in this Policy. Refer to the CMS website at <http://www.cms.gov> for additional information.

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### **POLICY AND PROCEDURE APPROVAL**

The electronic approval retained in Archer, Centene's P&P management software, is considered equivalent to a physical signature.

Director of Utilization of Management:

Vice President of Medical Management:

Chief Medical Director