



### **Congratulations!**

Pregnancy is an exciting time. You may have lots of questions along the way, and MHS is here to help! Here are some resources for our pregnant moms:

#### **Start Smart for Your Baby**

MHS will mail you educational materials and tell you how you can earn rewards. If your address or phone number changes, be sure to tell the Department of Family Resources (DFR). Call 1-800-403-0864 to let them know.

#### **Free 24 Hour Nurse Advice Line**

Have questions after hours or on a weekend? Not sure if you should go to the ER or an urgent care center? Call our free nurse advice line, available 24 hours a day, seven days a week. Just call 1-877-647-4848.

#### **Help to Stop Smoking**

It's never too late to quit. If you smoke, quitting now can make a big difference in your baby's life. The Indiana Tobacco Quitline has a special program for helping women during pregnancy. Plus, you can earn rewards for enrolling. Call 1-800-QUIT-NOW.

#### **MHS Health Library**

There's a lot to know about pregnancy! You may feel overwhelmed at times. Our health library has helpful information you can trust. Visit [mhsindiana.com](http://mhsindiana.com) and look for the Health & Wellness tab in the For Members section.



# Start Smart for Your Baby.

PRESENTS

## Special Deliveries

*A program to help guide expectant moms through pregnancy*



#### **AFTER YOUR PREGNANCY**

Please let us know when your pregnancy ends. Fill out the *End of Pregnancy Notification* form on the member portal, or call Member Services. You will get a free gift for letting us know. MHS' First Year of Life program for your baby will help you manage the appointments and care needed for your newborn.

Managed Health Services (MHS) is a health coverage provider that has been proudly serving Indiana residents for more than twenty years through Hoosier Healthwise, the Healthy Indiana Plan (HIP), and Hoosier Care Connect. MHS also offers Ambetter from MHS in the Indiana health insurance marketplace, and Allwell from MHS, a Medicare Advantage plan. All of our plans include quality, comprehensive coverage with a provider network you can trust. MHS is your choice for better healthcare.

Learn more at [mhsindiana.com](http://mhsindiana.com).



1-877-647-4848  
[mhsindiana.com](http://mhsindiana.com)



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## Benefits for You and Your Baby

### Personalized Support

Once you enroll in our MHS Special Deliveries program, you will be matched with an experienced obstetrical (OB) nurse dedicated to your care. As you get to know each other, she will be there to answer any questions or concerns you may have about your pregnancy and your overall health. This may include talks over the phone or in person. Your Special Deliveries nurse can also work with you and your doctor to be sure you get the support you need.




## mhs Special Deliveries

Welcome to MHS Special Deliveries! MHS cares about you and your baby. We will be here for you through your entire pregnancy and even after you deliver. This program was designed to link mothers-to-be with important pregnancy related healthcare information, making sure you have the tools and information to make choices needed for a healthier baby. Plus, you can earn rewards along the way to help with costs such as diapers and baby clothes.

Get started with Special Deliveries today! Just call 1-877-647-4848.

### Earn Rewards

Activity	Reward Amount
Complete your Notification of Pregnancy (NOP) Form <i>Log into your member portal account at <a href="http://mhsindiana.com">mhsindiana.com</a> to complete the form</i>	\$50 – submit during 1 <sup>st</sup> trimester OR \$25 – submit during 2 <sup>nd</sup> trimester
Complete a pregnancy survey with a Special Deliveries nurse	\$20
Complete regularly scheduled calls with a Special Deliveries nurse	Up to \$45 (\$15 each trimester)
Complete a postpartum survey with a Special Deliveries nurse	\$15
Go to your postpartum visit with your doctor 3-8 weeks after delivery	\$20
<b>Total</b>	<b>Up to \$150</b>

### How Do I Enroll?

It's easy! Just call 1-877-647-4848 and tell us you'd like to enroll in Special Deliveries. We'll take it from there.