

The following list of recommended PDL changes were reviewed and approved by the MHS P&T Committee on April 18th, 2018.

Table 1: Summary PDL Changes

Drug	Action	Notes:
Rosuvastatin	Add QL 1 tab/day	All strengths
Loperamide tabs/caps	Add QL of 8/day	
Loperamide 1mg/5ml	Add QL 40ml/day	
Shingrix (Zoster Vaccine)	Add to PDL	Age Limit \geq 50; benefit limit of 2 injections
Enbrel Mini (etanercept)	Add to PDL	Line extension of current Enbrel
Juluca (dolutegravir/rilpivirine)	Add to PDL	
Bydureon BCise (exenatide)	Add to PDL	Line Extension of Bydureon (keep current ST, QL 3.4ml/28 days)
Bevyxxa (betrixaban)	Add to PDL	QL 42 caps/42 days

Summary of New Drugs with Proposed Criteria

1. **Codeine and hydrocodone containing cough products – Add Age Limit to limit under 18 years of age;**
 - a. Diagnosis of cough due to viral or bacterial infection;
 - b. Prescribed agent is FDA-approved for the treatment of cough;
 - c. Failure of at least two of the following agents at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced:
dextromethorphan, benzonatate, guaifenesin;
 - d. Member is concurrently receiving appropriate therapy for the underlying cause of the cough (e.g., antihistamines, decongestants, bronchodilators, oral and/or inhaled corticosteroids, antibiotics);
 - e. Dose does not exceed the FDA-approved maximum recommended dose.

Approval duration: 14 days

2. Codeine Containing Pain Medicine - Add Age Limit 12 years and older and Tramadol Containing Pain Medicine – Add Age Limit 18 years and older

Pain (must meet all):

**In addition to meeting these criteria, requests for all opioids are subject to the criteria outlined in the opioid analgesic policy*

1. Prescribed for pain management;
2. Prescribed agent is FDA-approved for pain management;
3. Member meets one of the following (a or b):
 - a. Failure of at least two non-opioid ancillary treatments (e.g., non-steroidal anti-inflammatory drugs [NSAIDs], acetaminophen, anticonvulsants, antidepressants) at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
 - b. Prescribed by or in consultation with an oncologist, hematologist, hospice provider, or pain specialist for cancer, palliative care, or sickle cell disease;
4. Failure of at least two age-appropriate opioid analgesics (e.g., morphine, oxycodone), unless contraindicated or clinically significant adverse effects are experienced;
5. Use is not for pain post-tonsillectomy or post-adenoidectomy;
6. Dose does not exceed health plan's approved quantity limit.

Approval duration:

Non-cancer pain - 7 days

Cancer, sickle cell, or palliative care - 12 months

3. Fasrena (benralizumab) – Add PA Criteria

Severe Asthma (must meet all):

1. Diagnosis of asthma with absolute blood eosinophil count ≥ 150 cells/mcL within the past 3 months;
2. Prescribed by or in consultation with a pulmonologist or allergist;
3. Age ≥ 12 years;
4. Member has experienced ≥ 2 exacerbations within the last 12 months, requiring any of the following despite adherent use of controller therapy (i.e., high-dose inhaled corticosteroid (ICS) plus either a long-acting beta₂ agonist (LABA) or leukotriene modifier (LTRA) if LABA contraindication/intolerance):
 - a. Oral/systemic corticosteroid treatment (or increase in dose if already on oral corticosteroid);
 - b. Urgent care visit or hospital admission;
 - c. Intubation;
5. Fasrena is prescribed concomitantly with an ICS plus either a LABA or LTRA;
6. Dose does not exceed 30 mg every 4 weeks for the first 3 doses, then 30 mg every 8 weeks thereafter.

Approval duration: 6 months

4. Siliq (brodalumab) – Add PA

Plaque Psoriasis (must meet all):

1. Diagnosis of PsO;
2. Prescribed by or in consultation with a dermatologist or rheumatologist;
3. Age \geq 18 years;
4. Member meets one of the following (a or b):
 - a. Failure of a \geq 3 consecutive month trial of methotrexate (MTX) at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
 - b. If intolerance or contraindication to MTX (*see Appendix C*), failure of a \geq 3 consecutive month trial of cyclosporine or acitretin at up to maximally indicated doses, unless contraindicated or clinically significant adverse effects are experienced;
5. Failure of etanercept (*Enbrel[®] is preferred*) AND adalimumab (*Humira[®] is preferred*) each used for \geq 3 consecutive months, unless contraindicated or clinically significant adverse effects are experienced;
**Prior authorization is required for etanercept and adalimumab*
6. Dose does not exceed 210 mg at weeks 0, 1, and 2, followed by maintenance dose of 210 mg every 2 weeks.
Approval duration: 6 months

5. Erleada (apalutamide) – Add PA Criteria

Prostate Cancer (must meet all):

1. Diagnosis of non-metastatic CRPC, as evidenced by disease progression despite bilateral orchiectomy or other androgen deprivation therapy (*see Appendix C*);
2. Prescribed by or in consultation with an oncologist;
3. Age \geq 18 years;
4. Member will use a gonadotropin-releasing hormone (GnRH) analog concurrently or has had a bilateral orchiectomy;
5. Dose does not exceed 240 mg (four 60 mg tablets) daily.
Approval duration: 12 months

6. Rhopressa (netarsudil) - Add PA Criteria

Open-Angle Glaucoma (must meet all):

1. Diagnosis of open-angle glaucoma or ocular hypertension;
2. Age \geq 18 years;
3. Failure of two different classes of generic ophthalmic agents from the following, at up to maximally indicated doses unless contraindicated or clinically significant adverse effects are experienced: prostaglandin analog (e.g., latanoprost), ophthalmic beta-blocker (e.g., timolol), ophthalmic alpha-2 adrenergic agonist (e.g., brimonidine), parasymphathomimetics (e.g., pilocarpine), or carbonic anhydrase inhibitors (e.g. dorzolamide);
4. Dose does not exceed 1 drop/eye/day (2 bottles or 5 mL/30 days).
Approval duration: 12 months

7. Xepi (ozenoxacin) – Add PA Criteria

mpetigo (must meet all):

1. Diagnosis of impetigo;
2. Age \geq 2 months;
3. Failure of a trial of mupirocin 2% ointment or cream (at up to maximally indicated doses) unless contraindicated or clinically significant adverse effects are experienced;
4. Dose does not exceed BID topical application for five days.

Approval duration: 1 month (1 tube)