



2020 ATTACH Parent Support Meetings

Parent Support Meetings are scheduled weekly on alternating Wednesday mornings at 11am and Monday evenings at 8pm CT. Each month the Parent Advocate will encourage the group to explore a theme or topic which impacts parents raising children with attachment and trauma challenges. All parent members are welcome to join any meeting via the Go To Webinar program on their phone or computer and only need to register once.

January

Cabin Fever: Getaways and staycation ideas for long winters

Wednesday January 8, 2020 11am-12pm CT

Monday January 13, 2020 8pm-9pm CT

Wednesday January 22, 2020, 11am-12pm CT

Monday January 27, 2020 8pm-9pm CT

February

Heartbreaks, Love and Friendship- creating and keeping relationships

Wednesday, February 5, 2020 11am-12pm CT

Monday, February 10, 2020 8pm-9pm CT

Wednesday, February 19, 2020 11am-12pm CT

Monday February 24, 2020 8pm-9pm CT

March

Building rituals in families: Why it is important in claiming

Wednesday, March 4, 2020 11am-12pm CT

Monday, March 9, 2020 8pm-9pm CT

Wednesday, March 18, 2020 11am-12pm CT

Monday, March 23, 2020 8pm-9pm CT

April

Intentional Parenting, models that work with insecurely attached kids

Wednesday, April 1, 2020 11am-12pm CT

Monday, April 6, 2020 8pm-9pm CT

Wednesday, April 15, 2020 11am-12pm CT

Monday, April 20, 2020 8pm-9pm CT

Wednesday, April 29, 2020 11am-12pm CT

May

Swearing, Aggression and Violence in the Home- what can we do?

Monday, May 4, 2020 8pm-9pm CT

Wednesday, May 13, 2020 11am-12pm CT

Monday, May 18, 2020 8-9pm CT

Wednesday, May 27, 2020 11am-12pm CT

June

Animals and our kids

Monday, June 1, 2020 8pm–9pm CT

Wednesday, June 10, 2020 11am–12pm CT

Monday, June 15, 2020 8pm–9pm CT

Wednesday, June 24, 2020 11am–12pm CT

July

Tools: All the downloads you can use (Apps included!)

Wednesday, July 1, 2020 11am-12pm CT

Monday, July 6, 2020 8pm-9pm CT

Wednesday, July 15, 2020 11am-12pm CT

Monday, July 20, 2020 8pm-9pm CT

Wednesday, July 29, 2020 11am-12pm CT

August

Transitioning youth-what are our options?

Monday, August 3, 2020 8pm-9pm CT

Wednesday, August 12, 2020 11am–12pm CT

Monday, August 17, 2020 8pm – 9pm CT

Wednesday, August 26, 2020 11am – 12pm CT

Monday, August 31, 2020 8pm – 9pm CT

September

School Time: anxiety, IEP's and assessments

Wednesday, November 4, 2020 11am–12pm CT

Monday, November 9, 2020 8pm–9pm CT

Wednesday, November 18, 2020 11am-12pm

Monday, November 23, 8pm-9pm

October

Children's mental health: diagnosis and prognosis

Wednesday, October 7, 2020 11am – 12pm CT

Monday, October 12, 2020 8pm – 9pm CT

Wednesday, October 21, 2020 11am-12pm CT

Monday, October 26, 2020 8pm-9pm CT

November

Self-care: What should it look like?

Wednesday, September 9, 2020 11am–12pm

Monday, September 14, 2020 8pm – 9pm CT

Wednesday, September 23, 2020 11am – 12pm

Monday, September 28, 2020 8pm-9pm CT

December

Holidays: Not your typical Christmas letter

Wednesday, December 2, 2020 11am-12pm CT

Monday, December 7, 2020 8pm–9pm CT

Wednesday, December 16, 2020 11am-12pm CT

Monday, December 21, 2020 8pm-9pm CT

Wednesday, December 30, 2020 11am-12pm CT