SUBMIT TO
Utilization Management Department
Phone: 1.877.647.4848 Fax: 1.866.694.3649

INTENSIVE OUTPATIENT/DAY TREATMENT FORM MENTAL HEALTH/CHEMICAL DEPENDENCY

Please print clearly – incomplete or illegible forms will delay processing. Please mail or fax completed form to the above address.

MEMBER INFORMATION

Member Name_____

DOB_____

Social Security # _____

Member ID # _____

Last Auth #_____

CURRENT ICD DIAGNOSIS

Primary (Required)_____

Secondary _____

Tertiary_____

Additional_____

Additional_____

WHY DID THE MEMBER ORIGINALLY PRESENT FOR TREATMENT?

PROVIDER INFORMATION

Check agency or provider to indicate how to authorize.

☐ Agency/Group Name _____

☐ Provider Name_____

Professional Credentials _____

Address/City/State _____

_____

Phone _____ Fax_____

NPI (required) _____ Tax ID (required) _____

CURRENT RISK/LETHALITY

Suicidal

☐ None ☐ Ideation ☐ Plan* ☐ Means* ☐ Intent*

Past attempt date (s): _____

Homicidal

☐ None ☐ Ideation ☐ Plan* ☐ Means* ☐ Intent*

Past attempt date (s): _____

*Please indicate current safety plans _____

_____

Current assaultive/violent behavior, including frequency _____

_____

Describe any risk for higher level of care, out-of-home placement, change of placement or inability to attend work/school _____

_____

CURRENT PRESENTATION/SYMPTOMS

Describe the CURRENT situation and symptoms.

Impact on current functioning (occupational, academic, social, etc.)?

_____

_____ ☐ MILD ☐ MODERATE ☐ SEVERE

_____

_____ ☐ MILD ☐ MODERATE ☐ SEVERE

_____

_____ ☐ MILD ☐ MODERATE ☐ SEVERE

_____

MH/SUD TREATMENT HISTORY

What has member received in the past?

☐ None ☐ OP MH ☐ OP SUD ☐ IP MH ☐ IP SUD/DETOX

Other _____ List approx. dates of each service, including hospitalizations

_____

_____

CURRENT PSYCHOTROPIC MEDICATIONS

Prescriber: ☐ Psychiatrist ☐ General Practitioner

☐ Other _____

Medication Name Date Started Compliant (Y/N)

_____

_____

Amount and Frequency: _____

_____Member Name

Has a psychiatric evaluation been completed? Yes ☐_____(date) ☐ No / If no, indicate why this has not been completed.

SUBSTANCE USE DISORDER

☐ None ☐ By History ☐ Current/Active Use

DRUG	AMOUNT	FREQUENCY	FIRST USE	LAST USE

Is member attending AA/NA meetings? Yes ☐ No ☐ If yes, how often? _____

Current step _____ Was a sponsor identified? ☐ Yes ☐ No

RELAPSE HISTORY

Date of last relapse _____

Drug and amount used _____

Resulting consequences _____

_____

TREATMENT DETAILS

What therapeutic approach (e.g. evidence-based practice, therapeutic model, etc.) is being utilized with this member?

_____

_____

Member's current level of motivation? ☐ None ☐ Minimal ☐ Moderate ☐ High

Are the member's family/supports involved in treatment? ☐ Yes ☐ No If no, why? _____

Date of last family therapy session and progress made? _____

_____

What other services are being provided to this member that are not requested in this OTR? Please include frequency _____

_____

_____

Is care being coordinated with member's other service providers? ☐ Yes ☐ No ☐ N/A

Has information been shared with PCP regarding behavioral health provider contact information, presenting problem, date of initial visit, diagnoses and any meds prescribed? ☐ Yes _____(date) ☐ No/ If no, why? _____

TREATMENT GOALS

Describe measurable goals and treatment plan agreed upon by member.

MEASURABLE GOAL	DATE INITIATED	CURRENT PROGRESS (Please note specific progress made.)

_____Member Name

TREATMENT CHANGES

How has the treatment plan changed since the last request? _____

_____

_____

_____

_____

DISCHARGE CRITERIA

Objectively describe how it will be known that the member is ready to discontinue treatment. _____

_____

_____

_____

REQUESTED AUTHORIZATION

Please check only one box.

- ☐ REV 905 (Mental Health IOP)
- ☐ REV 906 (CD IOP)
- ☐ REV 907 (Day Treatment)
- ☐ HCPCS H0015 (Alcohol and/or drug services intensive outpatient treatment)
- ☐ HCPCS S9480 (Intensive outpatient psychiatric services per diem)
- ☐ HCPCS H0038

Date of admission to IOP/Day Treatment _____

Total of IOP/Day Treatment sessions completed to date _____

Requested start date for auth _____

Number of days per week attending _____

Number of hours per day attending _____

Expected discharge date _____

Additional Information?

Please attach additional documentation to support your request (e.g updated treatment plans,progress notes etc).

_____
Clinician Name

_____
Clinician Signature Date
(*not to exceed 30 days prior to submission*)

SUBMIT TO
Utilization Management Department
12515-8 Research Blvd., Suite 400 Austin, Texas 78759
PHONE 1.877.647.4848| FAX 1.866.694.3649