



**0-6  
YEARS  
OLD**

Early and Periodic  
Screening, Diagnostic  
and Treatment (EPSDT)

## When and how often do I need to schedule a checkup with my primary medical provider (PMP)?

*Getting a checkup at the right time is the best way to make sure your child continues to be healthy. There is no cost to you for these visits.*

**Babies need checkups and screenings at:**



**Toddlers need checkups and screenings at:**



**Young children need checkups and screenings at:**



Young adults under 21 years of age need a checkup with screenings every year.

## What happens after I see my primary medical provider (PMP)?

*Your PMP will help you understand any screening results. Here are steps that could be taken if your PMP finds a potential problem:*

- For vision problems, your child could visit an eye doctor and get glasses.
- For hearing problems, your child could see a specialist and receive hearing aids.
- For problems that may require special attention, the provider will treat the issue. Or refer your child to a specialist.

## Recommended Vaccines for Children (Birth - 6 Years Old)

BIRTH	1 month	2 months	4 months	6 months	12 months	15 months	18 months	19-23 months	2-3 years	4-6 years
RSV (1 or 2 doses per year***)										
HepB	HepB				HepB					
		RV	RV	RV						
		DTaP	DTaP	DTaP		DTaP				DTaP
		Hib	Hib	Hib		Hib				
		PCV	PCV	PCV		PCV				
		IPV	IPV		IPV					IPV
								Flu (1 or 2 doses per year*)		
						MMR				MMR
						Varicella				Varicella
						HepA		HepA		
										COVID-19**

Source: [cdc.gov](https://www.cdc.gov). Please ask your child's primary medical provider (PMP) about appropriate doses and any additional vaccines that may be required.

\*Influenza (flu) vaccinations may require a second dose in a single season. Please ask your PMP for requirements

\*\* COVID-19: Number of doses recommended depends on your child's age and type of vaccine used.

**\*\*\*RSV vaccinations may require a second dose. Please ask your PMP for requirements.**

## Are vaccines safe?

Yes. Vaccines are very safe, and are important for children's health. If you have questions about vaccines, please contact MHS or your primary medical provider.

## What is Early and Periodic Screening, Diagnostic and Treatment (EPSDT)?

EPSDT is key to ensuring that children and young adults receive preventative, physical, dental, mental health, developmental, and specialty services.

**EARLY:** Treat problems soon

**PERIODIC:** Set up regular appointments

**SCREENING:** Check for a medical problem

**DIAGNOSTIC:** Find a medical problem

**TREATMENT:** Care for a problem

## Why are EPSDT services important?

*Seeing your primary medical provider (PMP) regularly and caring for problems early could:*

- Help your PMP get to know your child
- Help your child stay healthy as he or she grows
- Find health problems before they get worse
- Stop health problems that make it hard for your child to learn
- Help reduce health risks by getting lead and other testing (6 months if high risk for lead exposure, 9-15 months, and again between 21-27 months). If no prior record blood test between 28-72 months, then one must be done as soon as possible.

## How do I start?

***Make an appointment with your child's primary medical provider (PMP). Contact us to get help with:***

- Finding a provider or dentist
- Setting up an appointment
- Arranging transportation
- Answering your questions about screenings or vaccines
- Talking with a case manager to help you find and get other services



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