



Early and Periodic Screening, Diagnostic and Treatment (EPSDT) When and how often do I need to schedule a checkup with my primary medical provider (PMP)?

Getting a checkup at the right time is the best way to make sure your child continues to be healthy. There is no cost to you for these visits. Babies need checkups and screenings at:



Toddlers need checkups and screenings at:



Young children need checkups and screenings at:



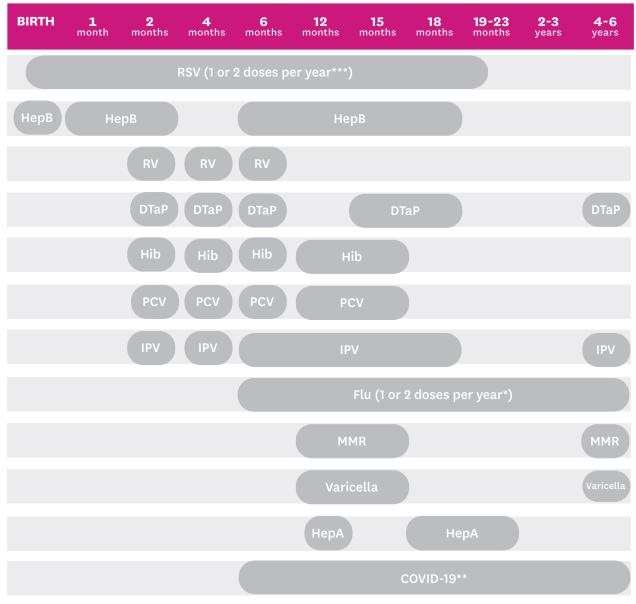
Young adults under 21 years of age need a checkup with screenings every year.

## What happens after I see my primary medical provider (PMP)?

Your PMP will help you understand any screening results. Here are steps that could be taken if your PMP finds a potential problem:

- For vision problems, your child could visit an eye doctor and get glasses.
- For hearing problems, your child could see a specialist and receive hearing aids.
- For problems that may require special attention, the provider will treat the issue. Or refer your child to a specialist.

### Recommended Vaccines for Children (Birth - 6 Years Old)



Source: cdc.gov. Please ask your child's primary medical provider (PMP) about appropriate doses and any additional vaccines that may be required. \*Influenza (flu) vaccinations may require a second dose in a single season. Please ask your PMP for requirements

## \*\*\*RSV vaccinations may require a second dose. Please ask your PMP for requirements.

\*\* COVID-19: Number of doses recommended depends on your child's age and type of vaccine used.

Are vaccines safe?

Yes. Vaccines are very safe, and are important for children's health. If you have questions about vaccines, please contact MHS or your primary medical provider.

## What is Early and Periodic Screening, Diagnostic and Treatment (EPSDT)?

EPSDT is key to ensuring that children and young adults receive preventative, physical, dental, mental health, developmental, and specialty services.

**EARLY:** Treat problems soon

**PERIODIC:** Set up regular appointments

**SCREENING:** Check for a medical problem

**DIAGNOSTIC:** Find a medical problem

TREATMENT: Care for a problem

#### Why are EPSDT services important?

## Seeing your primary medical provider (PMP) regularly and caring for problems early could:

- Help your PMP get to know your child
- Help your child stay healthy as he or she grows
- Find health problems before they get worse
- Stop health problems that make it hard for your child to learn
- Help reduce health risks by getting lead and other testing (6 months if high risk for lead exposure,
  9-15 months, and again between 21-27 months). If no prior record blood test between 28-72 months, then one must be done as soon as possible.

#### How do I start?

# Make an appointment with your child's primary medical provider (PMP). Contact us to get help with:

- Finding a provider or dentist
- · Setting up an appointment
- Arranging transportation
- Answering your questions about screenings or vaccines
- Talking with a case manager to help you find and get other services



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