



Enhanced Services – Pregnancy

As a Managed Health Services (MHS) provider, the following pregnancy-related services are available to you and your MHS members. Please feel free to refer a member by using our Case/Disease Management Request form, available online at mhsindiana.com, or from your Provider Relations Specialist, by calling (877) 647-4848.

MHS Case Management

Those members identified with low-to-moderate risk factors, to include preterm labor and preterm delivery, are eligible for case management support with an MHS Case Manager and Program Coordinators. This consists of an initial assessment, enrollment into the Start Smart for Your Baby program, and periodic phone calls throughout the member's pregnancy to assure that she is receiving prenatal care, has an opportunity to ask questions, and to identify whether she has access to care or social issues requiring MHS' assistance.

High Risk Pregnancy Case Management

If a member has or develops an issue that would place her in a high risk category, such as comorbidities, she may be referred for high risk case management, which may include one or more home visits and frequent telephonic follow-ups.

Start Smart for Your Baby[®]

All pregnant MHS members are eligible for enrollment in the Start Smart for Your Baby program. This program offers educational materials sent to the member's home and available online. In addition, enrolled members are eligible for special incentives through CentAccount[®] (one \$15 reward per trimester) for attending prenatal visits with an additional \$15 reward for attending her postpartum appointment.

Puff-Free Pregnancy

MHS offers a specialized smoking cessation program created especially for our pregnant members. A disease management health coach will provide written and telephonic education and coaching. This program is especially helpful for members who also suffer from asthma or COPD.

17-P Administration Nursing Services

For members with a history of preterm labor and delivery, MHS partners with Alere to administer pharmacy-compounded and preservative-free 17-P (alpha-hydroxyprogesterone caproate) injections. The injections are administered and assessments are performed by an experienced Alere obstetrical registered nurse during weekly home visits. Patient assessments and reports are sent weekly to the prescribing physician. MHS is offering a \$100 incentive throughout 2011 to providers who participate in the 17-P program. A 17-P Program Referral form may be obtained online at mhsindiana.com or from your Provider Relations Specialist. Our Chief Medical Officer and Vice President of Medical Affairs are also available for consultation on clinical questions and further details regarding compounded 17-P and 17-P administration nursing services.

MemberConnections[®] Baby Showers

If you have a high volume of MHS members who are pregnant, consider scheduling an MHS Baby Shower at your facility. This event is geared toward both pregnant and recently delivered members and provides newborn health care and parenting education. MHS includes Hoosier Healthwise benefit information and social service agency participation at each event.

Connections Plus[®]

If a member is found to have unreliable access to a telephone, she may be eligible for a Connections Plus cell phone. This phone is pre-programmed to give the member access to key contacts, such as her primary medical provider, hospital, pharmacy, and social service agencies.