

## Important Information for MHS Moms

### Helping MHS Moms and Babies Stay Healthy



#### How Does MHS Help New Moms?

Congratulations on your new addition! Having a new baby is an exciting time – but it can also be stressful or overwhelming. MHS is here for you. We have case managers and nurses ready to help our new moms. They can help you find a pediatrician, get free transportation to and from doctor appointments and WIC visits, and find local resources.

#### Can I Get a Breast Pump?

Yes! MHS will provide you with a double electric breast pump. If you have to return to work or be away from your baby, you can use a breast pump to maintain your milk supply. Ask your doctor to order the pump through MHS.

#### What about Formula?

If your baby needs specialty formula, your doctor will give you a prescription. MHS will cover the specialty formula as long as the doctor says it's needed. If you need help purchasing regular formula, talk to the WIC staff. You can also call MHS if you need help providing formula or other supplies for your baby.

#### Can I Earn Rewards?

Yes! MHS offers rewards for pregnant women and new moms. You can use these rewards to buy things like diapers, wipes and other baby-care items at stores like Walmart and Dollar General.

You can earn rewards through our “Start Smart for Your Baby” and “Special Deliveries” programs:

- **\$20** for completing an initial pregnancy survey with an MHS Nurse Care Manager
- **\$15** per trimester for completing regularly scheduled calls with an MHS Nurse Care Manager
- **\$15** for completing a postpartum survey with an MHS Nurse Care Manager
- **\$10** per visit for up to six infant well care visits with a primary care doctor until your child is 15 months old (WIC visits do not count for this reward – you must see your baby's pediatrician.)

#### What Is A Well-Child Visit?

You might be used to taking your kids to the doctor when they are sick.

But well-child visits (planned doctor visits even when your child is healthy) are just as important!

You should go to the pediatrician for the first well-child visit when your baby is 3-5 days old. If you are an MHS member, your baby is covered under your Medicaid for the first 30 days. If you need help finding a pediatrician, call us! Or, if your doctor won't make an appointment or asks you to pay for the visit, call us. An OB or First Year of Life Nurse can help. Remember, WIC visits do not take the place of well-child visits.

**QUESTIONS?**

**1-877-647-4848**  
Member Services  
Can Help!