

A Fresh Start for You



A behavioral health management program that rewards you.

MHS believes behavioral health is just as important as physical health. We have behavioral health case managers who help members with special healthcare needs by working together with you and your behavioral health doctor to make a plan of care. Behavioral health coverage is included with Hoosier Healthwise, Healthy Indiana Plan (HIP) and Hoosier Care Connect.

You can earn up to \$140 per year in My Health Pays[®] rewards by participating in the MHS *Fresh Start for You* program. You can use reward dollars to pay your monthly POWER Account contribution (HIP members only). Or use your rewards to help pay for everyday items at Walmart*, utilities, transportation, telecommunications (cell phone bill), childcare services, education and rent.

My Health Pays[®] Rewards for Behavioral Health Management

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| Enroll in treatment after being diagnosed with a substance use disorder (within 14 days of being diagnosed), including enrollment in an Opioid Treatment Program | \$40 |
| Attend intensive outpatient treatment (IOP) (per session up to 10 per year) | \$10 |
| TOTAL POSSIBLE REWARDS | \$140 |

Behavioral health case management can help if:

- ▶ You are worried about substance abuse or behavioral health issues
- ▶ You are sad or feel you need help
- ▶ You need names of therapists or doctors
- ▶ You need help to find resources in your community for behavioral health
- ▶ You don't understand your behavioral health benefits
- ▶ You need behavioral health services and you are not near your home

Ready for a fresh start? Call 1-877-647-4848.

*Rewards may not be used to buy alcohol, tobacco or firearms products.