



# Find support with Caregiving Collaborations™ from



Helping to care for a loved one is a rewarding experience. Sometimes it can also be a little stressful. MHS understands. And we're here to help. **Caregiving Collaborations™** is our special program for caregivers. It gives you the extra support you may need as you care for your loved one.

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## Caregiving Collaborations™ offers:

- Online tools and information
- A *My Caregiver Journal* to use as a helpful guidebook
- Our dedicated Care Team members available by phone or email
- Easy ways to file claims, find benefits and pharmacy information and track program rewards

### Sign up for your Caregiver account

*Follow these steps to start using your online account. You will need to have the birthdate and Member ID of the person you care for when you sign up.*

1. Visit [mhsindiana.com](http://mhsindiana.com) and click Login
2. Choose Caregiver from the dropdown menu
3. Fill in the information
4. After you log in, click Let Us Know
5. Select and complete the Caregiver Questionnaire

## Sign up for Caregiving Collaborations™ today!

Complete the Caregiver Questionnaire to get started. It only takes a few minutes to fill out. Your answers will help our Care Team develop a list of suggestions just for you. These can include getting educational materials or joining a support group.

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To learn more, please contact  
the MHS Care Team at  
1-877-647-4848 or visit  
[mhsindiana.com](http://mhsindiana.com).  
We are available  
Monday - Friday from  
8 a.m. to 5 p.m.

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