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First Year of Life

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Congratulations on becoming a new mom!

MHS knows how busy you are. Feedings, sleep schedules, laundry, doctor appointments – it's a lot to juggle. Let MHS be your personal assistant during this hectic time.

The MHS First Year of Life Program is designed to help guide members through all the medical milestones needed to keep their babies healthy and thriving. Join this free program and we can help you:

- **Provide you with a Pediatric Nurse who can be your main point of contact and will work with you for the first year of your baby's life**
- **Call you when it's time for your baby to see the doctor**
- **Remind you about which immunizations (shots) your baby needs**
- **Help you schedule appointments with your doctor**
- **Help you get a ride to and from the doctor**
- **Answer questions you have about your benefits through MHS**
- **Support you and make sure you and baby are doing well**

Call us today at 1-877-647-4848, ext. 20404, and let us know you'd like to join the MHS First Year of Life Program.

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NCQA ACCREDITED HEALTH PLAN

First Year of Life

$ My Health Pays® Rewards

MHS members who enroll in the First Year of Life Program can qualify for My Health Pays® rewards. You will earn $10 on your baby's My Health Pays card for completing each recommended check-up. Use rewards to shop at Walmart for items like diapers, wipes, or baby clothes. You can also use rewards to help pay for utilities, transportation, childcare and more.

By enrolling in the First Year of Life Program, and taking your child to all the recommended well-child check-ups, you can earn $60 on your child's My Health Pays® Visa® Prepaid Card.

2 Month Checkup $10

4 Month Checkup $10

6 Month Checkup $10

9 Month Checkup $10

12 Month Checkup $10

15 Month Checkup $10

Learn more at mhsindiana.com/rewards.

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