

# A Fresh Start for You



## *A behavioral health management program that rewards you.*

MHS believes behavioral health is just as important as physical health. We have behavioral health case managers who help members with special healthcare needs by working together with you and your behavioral health doctor to make a plan of care. Behavioral health coverage is included in your Healthy Indiana Plan (HIP) coverage.

You can earn up to \$140 per year in CentAccount rewards by participating in the MHS *Fresh Start for You* program. You can use reward dollars to pay your monthly POWER Account contribution. Or use your rewards at stores like Walmart and Dollar General to buy healthy groceries, personal care items or over-the-counter medicines.

### **CentAccount Rewards for Behavioral Health Management**

Enroll in treatment after being diagnosed with a substance use disorder (within 14 days of being diagnosed)	\$40
Attend intensive outpatient treatment (IOP) (per session up to 10 per year)	\$10
<b>TOTAL POSSIBLE REWARDS</b>	<b>\$140</b>

Behavioral health case management can help if:

- ▶ You are worried about substance abuse or behavioral health issues
- ▶ You are sad or feel you need help
- ▶ You need names of therapists or doctors
- ▶ You need help to find resources in your community for behavioral health
- ▶ You don't understand your behavioral health benefits
- ▶ You need behavioral health services and you are not near your home

Ready for a fresh start?  
Call 1-877-647-4848.

