



## Free 24-Hour Nurse Advice Line

Do you have questions at night or on the weekend? Not sure if you should go to the doctor or the emergency room? We are here to help! Call our FREE Nurse Advice Line. It is available 24 hours a day, 7 days a week. All you have to do is call 1-877-647-4848.

## Help to Quit Smoking

It is never too late to stop smoking. Quitting now can help you and your baby be healthier. The Indiana Tobacco Quitline has a special program just for moms to be. You can even earn rewards for joining! Call 1-800-QUIT-NOW (1-800-784-8669) to get started.

## After Your Baby Is Born

Let us know when your pregnancy ends. It's easy! Just fill out the End of Pregnancy form on your member portal account or call Member services.

We can also connect you with your very own Baby Nurse and enroll you in our First Year of Life Program! Your Nurse can help answer your questions, tell you what to expect as your baby grows, remind you about check-ups, and more.

# How Do I Join The Special Deliveries Program?

**It's easy!**

All you have to do is call **1-877-647-4848** and tell us you want to enroll in the Special Deliveries Program and we will take it from there!



Scan the QR code and log in to your member account.



**PRESENTS**

# THE SPECIAL DELIVERIES PROGRAM

**A program to help pregnant moms every step of the way!**

**Because You and Your Baby Matter!**

Having a baby is exciting, but it can also be a little scary! At MHS, we care about your health and your baby's future. From the start of your pregnancy to after your baby is born, we will be by your side.

# The Special Deliveries Program

**Your Pregnancy, Your Way!**  
We are here to support you every step of the way!

When you join the MHS Special Deliveries Program, you will get your very own nurse who knows all about pregnancy. Your Nurse will be there through your pregnancy journey, answer any questions you may have and make sure you are ready for when your baby arrives.

## When you enroll in the Special Deliveries Program, you get:

- A Nurse Who Cares:** You will have your own nurse who will help you through your pregnancy journey. Your Nurse can help answer questions, talk to you about what to expect, get you ready to have your baby and more!
- Healthy Tips:** Learn what to eat, how to move and how to care for your growing baby.
- Help with Appointments:** Your nurse can help you schedule doctor visits, WIC appointments, and even help you find your baby a doctor. You even can get a free ride!
- Support After Baby Comes:** Once your baby is born, don't worry. We are still here to help.
- Help Getting Ready for Your New Baby:** Your Nurse will give you tips and resources to prepare for your new baby!

## Join the Special Deliveries Program and Earn Rewards!

One of the best parts of the Special Deliveries Program is you can earn money on your My Health Pays Card to help with things like baby items, like diapers, baby clothes and more!

ACTIVITY	REWARD AMOUNT
Complete your Notification of Pregnancy (NOP) Form <i>Log into your member portal account at <a href="http://mhsindiana.com">mhsindiana.com</a> to complete the form</i>	\$50 – submit during 1 <sup>st</sup> trimester OR \$25 – submit during 2 <sup>nd</sup> trimester
Complete a pregnancy survey with a Special Deliveries nurse	\$20
Complete regularly scheduled calls with a Special Deliveries nurse	Up to \$45 (\$15 each trimester)
Complete a postpartum survey with a Special Deliveries nurse	\$15
Go to your postpartum visit with your doctor 1-12 weeks after delivery	\$20
<b>Total</b>	<b>Up to \$150</b>

