**What Is A Medical Home?**

Develop a successful medical home. This means having a relationship with a doctor you trust. This is the first place you go for all your care; preventive, sick and emergency. This doctor understands and knows your medical history. Need help finding a doctor? Call us at 1-866-895-5164 and we can help find a doctor you can trust near you.

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**Is it an Emergency?**

**GO** to an Emergency Room (ER) or call 911 if you have any of these sudden, life-threatening symptoms:

- Bleeding that won’t stop
- Broken bones
- Chest or other severe pain
- Poisoning
- Seizure
- Pregnancy labor
- Difficulty seeing, speaking, moving or breathing
- High fever
- Severe stomach pain
- Animal bite
- Drug overdose

**CALL** your doctor or urgent care clinic (avoid the wait and cost of an ER) if you have these non-life-threatening symptoms or concerns:

- Sprains and strains
- Mild pain during your period
- Diarrhea
- Well baby checks
- Vomiting
- Immunizations
- Cuts and scrapes
- Coughs and colds
- Earache
- Diaper rash
- Sore throat
- Medicine refills
- Tooth problems
- Lice, scabies or ringworm

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For a list of urgent care and walk-in clinics in the MHS network, visit [mhsindiana.com](http://mhsindiana.com) and click on Find a Provider.

1. Choose your Location and Network (health plan).
2. Choose Detailed Search.
3. In the Type of Provider box, choose Clinic.
4. In the Specialty box, choose Urgent Care and then click Search.

Remember to show your MHS ID card to the provider every time you get care – including urgent care or walk-in clinics.