



SNAP Member Quick Reference Guide



What is SNAP?

SNAP stands for the **S**upplemental **N**utrition **A**ssistance **P**rogram. SNAP was previously known as food stamps. SNAP is a benefit that helps people and families buy food to stay healthy.



Am I eligible for SNAP?

Your household could be eligible for SNAP benefits. If you apply, the Division of Family Resources (DFR) will determine your eligibility. To qualify for SNAP, you must meet certain income and asset requirements.

You can visit [in.gov/fssa/df/snap-food-assistance/do-i-qualify-for-snap](https://www.in.gov/fssa/df/snap-food-assistance/do-i-qualify-for-snap) to see if you qualify for SNAP.

How do I use SNAP benefits?

SNAP benefits are loaded on an Electronic Benefits Transfer (EBT) card. The EBT card can be used like a debit or ATM card at the grocery store.

What can I buy with SNAP benefits?

With your SNAP benefits you can buy food like bread, cereal, fruit, vegetables, and meat. You can also buy plants or seeds that grow food.

Where can I use SNAP benefits online?

Amazon, Walmart and ALDI let you order food online with your SNAP EBT card and have it delivered (fees may apply).

Applying for SNAP is easy!

You can apply for SNAP benefits through the Family & Social Services Administration (FSSA) Benefits Portal, fssabenefits.in.gov, by:

- Filling out an online application.
- Printing and mailing the application.
- Asking for a paper application by mail.

What happens next?

After you apply, DFR will contact you for an interview. This interview will determine if you are eligible for SNAP.

Indiana Family & Social Services Administration/Division of Family Resources Contact Information

FSSA/DFR Home Page: [in.gov/fssa/df](https://www.in.gov/fssa/df)
FSSA Benefits Portal: fssabenefits.in.gov
FSSA Assistance Toll Free: **1-800-403-0864**

For lost or damaged cards, call Customer Service at 1-877-768-5098.



1-877-647-4848
[mhsindiana.com](https://www.mhsindiana.com)

Scan here to
learn more
about SNAP
benefits.

