

Care Management

MHS Care Management is here to help you:

- Feel better and stay strong.
- Get help when your care changes.
- Take your medicine the right way.
- Have better health results!

Our team looks for members who may need extra help. This could be those with long-term health needs or mental health concerns.

A MHS Care Manager will:

- Talk with you about your needs.
- Help you make a simple care plan.
- Set goals with you (both short and long term).
- Help you work through problems that make care hard.
- Check in with you to see how you are doing.

Disease Management

Disease Management helps members with certain health problems feel their best. We try to find and help you early — before problems get worse.

Our team will:

- Work with you and your family.
- Help you find the right care and support.
- Set simple health goals with you.
- Share easy-to-understand health information.

MHS also works with doctors and providers to find members who may need this program.

Managed Health Services (MHS), a Centene company, is a managed care entity that has been proudly serving the state of Indiana for 30 years through the Hoosier Healthwise and Hoosier Care Connect Medicaid programs; and the Healthy Indiana Plan (HIP) Medicaid alternative program. MHS also offers Ambetter Health in the Indiana health insurance marketplace, and Wellcare, a Medicare Advantage plan. MHS plans provide quality, comprehensive coverage through a trusted provider network. Visit mhsindiana.com to learn more. MHS is your choice for affordable health insurance.

Staying informed is simple, and if you have questions, we're always ready to talk:



Visit mhsindiana.com



Call **1-877-647-4848**
(TTY 1-800-743-3333)

Monday - Friday 8 a.m. - 8 p.m.



CARE MANAGEMENT PROGRAMS

MHS works with you to help you stay healthy and reach your goals.



Scan for more info.

 **mhs**
MHSINDIANA.COM

CARE MANAGEMENT PROGRAMS

MHS has a dedicated team of nurses, social workers, behavioral specialists, and program coordinators who assist with care coordination and contact members who require assistance in the ongoing care for a specific medical condition.

We offer several programs designed to help improve the health of our members through education and personal assistance by our staff including:

- Pregnancy
- Diabetes
- Asthma
- COPD
- Coronary Artery Disease
- Chronic Kidney Disease
- Congestive Heart Failure
- Lead
- Behavioral Health
- Depression
- Hypertension
- Substance Use Disorder
- ADHD
- Autism & Autism Spectrum Disorders
- Children with Special Needs Unit
- Special Healthcare Needs

MHS Start Smart for Your Baby & Special Deliveries Pregnancy Care Management Programs

MHS offers two educational care management programs for MHS members who are pregnant called **Start Smart for Your Baby** and **MHS Special Deliveries**. These programs are designed to match a pregnant member with an OB Nurse Care Manager who can help the member receive proper care throughout her pregnancy and after she delivers.

MHS OB Nurses can:

- Help members understand what is happening to their bodies during the pregnancy.
- Talk about problems that may come up during a member's pregnancy.
- Talk about what to do if members have complications during their pregnancies
- Help members make doctor appointments or schedule a free ride to the doctor's office, if eligible.
- Help members get a free cell phone if they need one. They can use this phone to reach their doctor, family and other important people while they are pregnant.
- Help members quit smoking or using tobacco.
- Help members find more ways to earn My Health Pays® rewards by going to OB doctor visits.
- Answer any other questions about members' health and the health of their babies.

By participating in either program, members will be eligible to earn more My Health Pays® rewards.

First Year of Life

This care management program is designed to encourage education and compliance with immunizations and well visits for babies. The First Year of Life program matches members with a Nurse Care Manager who can answer questions and provide helpful information sheets to let them know what to expect as their babies grow. We will also call members and send reminders to schedule upcoming immunizations (shots) and well-child visits with their babies' doctors as they are needed.

By participating in the program, members will be eligible to earn more My Health Pays® rewards.

Children with Special Needs Unit

Designed to support coordination of care for children with chronic conditions, children enrolled in the program receive care management services by a dedicated team of MHS doctors, nurses, social workers and care coordinators, specializing in the healthcare needs of children.

This includes conditions such as:

- Cerebral palsy
- Cystic fibrosis
- Developmental disabilities
- Autism
- Traumatic brain injuries
- Congenital syndromes with significant developmental delays
- Other special healthcare needs

